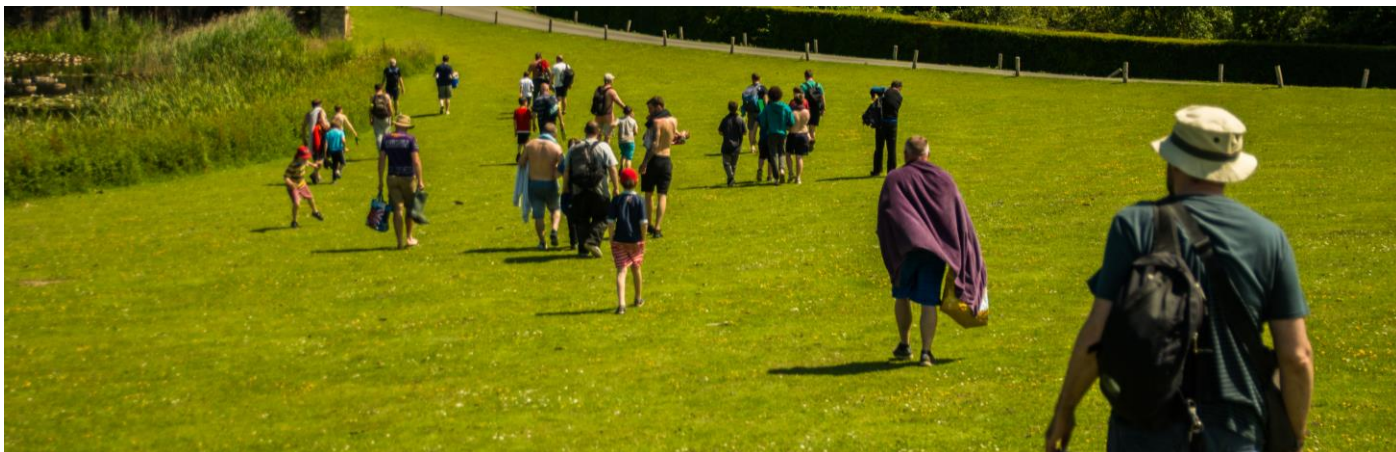




Hello from all the team at MAN&BOY, we are really pleased to share the Summer 2019 edition of our newsletter with you and bring you up-to-date with what has been a busy year so far. We are delighted to share that we are implementing our plan to deliver five camps this year, this allows us to accommodate up to 24 more families and match current demand.

For the first time, we were able to offer a specialist camp to support Syrian families, dads and their sons, recently settled to the UK- with the unique MAN&BOY experience mixed with cultural insights from the families involved. Both summer camps were vibrant and great fun with lots of

sunshine. We look forward to offering another two camps in the autumn along with more course opportunities.

In this edition, we are also happy to announce some new funding partners. There opportunities to support MAN&BOY, especially as we take part in Prudential Ride London:

<https://localgiving.org/fundraising/MANBOY292/>

Paul has brought lots of energy to the Coordinator role and will share more about his highlights so far. **Read more inside.**

Stay in touch with MAN&BOY

We love to stay in touch occasionally and update you via email and with our newsletter. If your contact details have changed or you no longer wish to receive these do let us know by contacting office@manandboy.org, where we will update your preferences. It may also interest you to know that we have dedicated Facebook, Instagram and

Twitter pages where we share updates about camps, fundraising events, news and more and you may wish to follow us. We can be easily found @ManAndBoyUK

You can find out much more about our ethos, values, staff and volunteer team and previous camps by going to www.manandboy.org. Please also note our new office address which can be found on the last page of the newsletter.

Summer Camp Success!



What a summer it has been! We were delighted to be able to accommodate 14 families from across South West London and Surrey on our first summer camp held from 21st-23rd of June. It was a really engaging camp with everyone - both men and boys getting fully involved with the activities. There was plenty of encouragement for those who found any particular task difficult and the lake swimming was a real highlight for all. We were amazed at the warmth between participants and the sense of community built over the short three days that the group were together. The last day was truly celebratory and involved some great reflections on new possibilities for the families going home, seeing their usual everyday routines and challenges in a new light. All the families highlighted what a great experience it had been. As always, the best stories come from those taking part:

"The Man and Boy camp worked wonders for my son's confidence. He was very unsure about going but within minutes of arriving he was making friends, something he has lacked confidence about, and his confidence and enjoyment grew over the weekend. We also talked to each other. We went home tired but happy."

Following on from this camp we were offered a fantastic opportunity to work with a cohort of 10 families recently settled from Syria and now residing in Surrey. We offered this in the second half of that June week. Woking Borough Council supported us to engage these families for three days of authentic MAN&BOY camping and activity. The families brought many of their traditions around sharing food, and the team and families shared songs from both the UK and Syria around the campfire in an adapted style of working that brought benefits to both families and team.

Fundraising and Team News



MAN&BOY Ride 292!

Bethany Quy meets the challenge yet again for MAN&BOY! – we are so thankful to Beth for leading a family team on the Prudential Ride 100 and Surrey Classic (Riding 292 miles between four participants) that will be held on 4th August 2019. By completing this, Beth will have taken part in the London Triple of Serpentine Swim, London Marathon and Ride 100 challenges – raising money for MAN&BOY during her pursuits. You can get behind her on this occasion and the other participants by visiting:

<https://localgiving.org/fundraising/MANBOY292/> you can learn more about this challenge and lend your support through sponsorship. If you would like to be part of a cheer-team on the day, please email office@manandboy.org and we'll put you in touch with the Ride 292 team!

Paul Ellis – Coordinator News

First up, I just want to congratulate the Summer Camp team's willingness to work together, share their gifts and support each other through two busy camps. It was great to be able to work with a team that can carry forward decision-making in a positive way. We welcomed Kevin who took part in his first camp as a joint MAN&BOY and Adventure Plus worker we were so glad to have his expertise on board with regards to outdoor events and pastoral care of the families. Thanks as always to our facilitators and volunteers who on this occasion were: Tim, John, Trevor and Dave. The last few months has been an amazing opportunity to get stuck into facilitating MAN&BOY – from contacting referrers and meeting families, to running Climb and Connect courses, and Connect Camps over the summer I have learned so much about what goes into making MAN&BOY so special. I have loved the opportunity to work alongside such a great team and am so thankful for the chance to use my skills and passion to help grow this great charity. Thanks to Trevor and Sarah for helping me settle into the office and all the processes, and to the wider team of volunteers, facilitators, supporters and trustees for welcoming me and I am excited to see how together we can keep empowering boys (and help men) to reach their full potential.

Coming up: First Aid and Food Hygiene Training – if you are a member of the MAN&BOY team and would like to take part in either first aid or Food Hygiene Training let us know as we are planning one-day courses in the next few months. Contact Sarah for more details.

Our Partners



We are excited to announce financial support from the following organisations for 2019-20 and are looking forward to partnering with them as we offer places to families within the boroughs of Merton and Sutton, Kingston and the area of Hampton.

The Wimbledon Foundation -Get Set Get Active Round 4 Funding. This is our first opportunity to work with this organisation who's aims blend so closely with ours.

The Wimbledon Foundation, established in 2013, is the charity of The All England Lawn Tennis Club and The Championships. The Foundation aims to use the resources and heritage of Wimbledon to help change people's lives, particularly in the local area and increasingly on a global scale. The goal, to strengthen local community - helping people in the boroughs of Merton and Wandsworth, support healthy and active lives, enabling good mental and physical health for people of all ages and developing young people and create opportunities to learn skills for life.

We are also delighted to be working with:

Sutton Community Fund, Hampton Fund, RBK Neighbourhood Grant

We continue to provide the MAN&BOY Programme with the generous support of **BBC Children in Need and the Stolkin Foundation**

And with the continued support of **Waitrose Partnership**

We are also thankful to our professional partners/supporters , **Adventure Plus, UK Youth Men and Boys Coalition, Premm Design, Big Yellow Storage Kingston White Spider Climbing and St. Paul's Church Hook** and

Huge thanks to our dedicated individual donors who give regularly to MAN&BOY to support the continuation and development of this vital work.

Autumn Programme 2019



Do you know someone who would benefit from taking part in MAN&BOY? Do you know a teacher or social care professional who may benefit from knowing about the work of MAN&BOY? If so, please get in touch us. As you know we work with boys aged 9-12 years at referral who are struggling with an aspect of life and who would benefit from dedicated time with a man from within or close to the family, dad, step-

dad, uncle, grandad etc. Our Autumn Programme will offer Families Connect activities including Camps, Climb and Connect courses and Connect-on reunions. To put a family or referrer in touch with us contact

info@manandboy.org or go to www.manandboy.org/sign-up



Some feedback from a recent referrer:

“
Man and Boy have changed the lives of this boy and his dad so positively. Thank you!

Dad has kept in contact with some of the other dads and has really become so much happier, he had been feeling low and isolated. Now he connects with the other dads and feels he is making new friends

”
which is wonderful for him.

Upcoming Events

Climb and Connect Course
Sundays 8th September-13th
October at Whitespider
Climbing Tolworth.

Autumn Connect Camp 1
Avon Tyrell 15/11/2019-
17/11/2019

Autumn Connect Camp 2
Avon Tyrell 29/11/2019-
1/12/2019

For more information about our work please visit our website www.manandboy.org
Contact us by telephone or email: 07894 084234 or info@manandboy.org
Or write to: MAN&BOY, Richard Mayo Centre, 11 Eden Street, Kingston, KT1 1HZ

MAKE A DONATION



MAN&BOY provide fun and engaging activities for boys and a father figure, to build strong, positive and nourishing relationships. Through these activities we aim to support and encourage men in their role as mentors to raise self-esteem in men and boys. Our hope is that boys will be empowered to strive to reach their full potential in school, in work and in the family and contribute positively to their communities.



Your donation to MAN&BOY will make a huge difference to struggling boys and their families in South West London/Surrey. All donations made go directly to the running of camps and courses.



What your gift could provide:

£20 supports a MAN & BOY
a month attending regular
1-day events

£50 supports a MAN & BOY
a month attending a camp and
regular 1-day events

£75 supports a MAN & BOY
a month attending ALL events
in the programme

Details

Please complete all sections that apply and return to
MAN&BOY, Richard Mayo Centre, 11 Eden Street, Kingston, KT1 1HZ

Name: _____

Address: _____

Postcode: _____

Email: _____

One-off donation

Cheque/cash donation enclosed for

£ _____

Regular donation

If you would like to make a regular donation to MAN&BOY through our partner, Localgiving, please tick here. ☐

We will contact you to help you set this up. Alternatively, if you would like to set up a standing order for a regular donation, please contact your bank with the following details and return the gift aid declaration to us.

Pay: MAN&BOY
Acc/no: 65637418

Bank: The Co-op
Sort code: 08-92-99

The amount you would like to donate and the frequency of the debit.

£: _____ Frequency: _____

Nb. Please complete Gift Aid Declaration to make your gift worth more

Gift Aid Declaration – Your gift is now worth more

I intend to set up a standing order in respect of MAN&BOY. I would like MAN&BOY to treat as Gift Aid, all donations made since April 2010 and any that I make from the date of this declaration until I notify them otherwise. I confirm that I pay income tax or capital gains tax in the UK equal to the amount of the tax you will reclaim. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I give. I agree to notify you of any change of address while this Gift Aid Declaration is still in force.

Signature: _____ Date: _____